



## 78.6M

The number of American adults living with obesity (BMI of 30 or higher); over 15 million living with **morbid obesity** (BMI 40 or higher)



The number of known **co-morbidities** related to obesity including heart disease, type 2 diabetes and certain types of cancer



### 255B

Total estimated annual health care costs associated with obesity: the direct medical cost is \$190 billion; indirect costs, including absenteeism and sub-par productivity in the workplace costs an additional \$65 billion a year; costs for patients with obesity are \$1,429 higher annually than for those with normal weight.



#### 42%

Projected percent of American adults who will suffer from obesity by 2030 without proven medical intervention.

Introducing a digital behavioral health solution from **PONDUSHEALTH** 



The first scalable, interactive technology platform for the prevention

and treatment of obesity in a collaborative clinical setting.



Leverage automated predictive weight loss algorithms and individualized behavioral counseling plans based on profile data

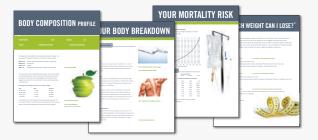
## Population Health Management

Identify high-risk obese patients and manage them to a long-term healthy weight



#### **Patient Education & Engagement Tools**

Drive health risk awareness and education with initial screening report



Give access to mobile-friendly interactive behavioral modules & progress charts



## Provider eLearning & Collaboration

Enable medical care teams to train online and use ObesityTx together for coordinated patient care



## Performance Data & Analysis Reports

Receive regular updates on program progress and ROI









#### **SCREENING**



Prospective patient completes Profile Questionnaire prior to initial consultation screening



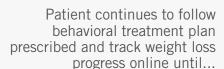
At initial consultation, provider prescribes plan (personalized via predictive weight loss and profile questionnaire algorithms)

#### TREATMENT & BEHAVIOR MODIFICATION

Patient completes behavioral modules and follow-up form online and submits prior to next visit



Provider reviews patient completed modules and follow-up form online. Counsels patient and prescribes behavioral module recommended for next visit



#### MAINTENANCE



...maintenance phase of care is achieved



Provider sends annual obesity screening reminders and treats patient accordingly to keep weight under control

- High Risk
- Moderate Risk
- Low Risk
- Provider
- Health Coach

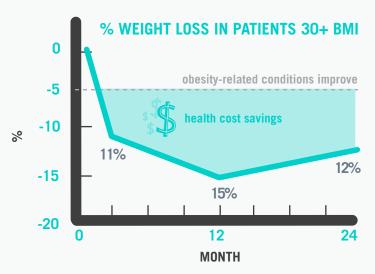
# ObesityTx Is Built On Evidence-Based Medicine

Our technology supports the chronic disease model of care where providers and patients co-manage the disease for a lifetime.

Individualized behavioral counseling forms the core of the treatment plan, with providers' discretionary use of additional treatment options, such as meal replacement or pharmacological therapy.

#### **Broad-based Positive Clinical Outcomes**

ObesityTx is used in over 200 medical practices throughout the US. Our outcomes are based on real-world data gathered in the field.



#### **Short-term**

Patients lose weight safely at a rate of 11% in the first 12 weeks.

Source: American Journal of Medicine, June 2012

#### Long-Term

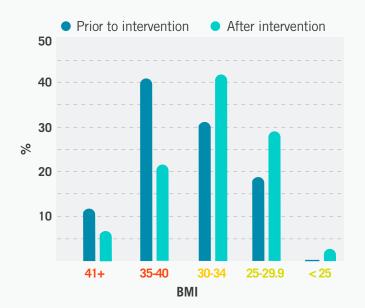
In 12 months, they lose 15% and keep off an average of 12% over 24 months.

Source: CMWL study of 5,867 US weight loss patients. Includes compliant patients on all plan types.

#### **NUCOR STEEL, SOUTH CAROLINA -1 YEAR RESULTS**

#### BMI improves after intervention

Highest risk employee population reduced by 43%



#### **ROI** is positive in Year 1

ObesityTx continues to collect data for long-term projections.



#### **Flexible Pricing**



Everybody is different. ObesityTx provides personalized patient weight loss plans and customizable implementations within any corporate health clinic setting. The system is set up to easily integrate into any environment and scale to any population size.

What does your population look like? How much are they costing you?

#### **ASK US ABOUT OUR:**

- Easy to integrate, scalable and interactive platform for screening, preventing and treating obesity in collaborative clinical settings.
- Customized approach to treatment based on profile development via upfront health and behavioral data capture and our proprietary algorithms.
- Flexible pricing model and outcome guarantees.
- Dedicated Account Management and support.



#### **OUR GUARANTEE**

No fees for compliant patients who do not reach 5% weight loss in the first 12 weeks.



#### Contact us to get started

- **877.808.5329**
- info@pondushealth.com
- pondushealth.com

PondusHealth, Inc. is a pioneer in the digital personalization of patient behavioral treatment plans, specifically focusing on the disease of obesity. Drawing from its decade of experience supporting obesity care delivery for over 1,000 medical providers through its sister company CMWL, Inc., PondusHealth has been able to develop a scalable system that produces evidence-based, sustainable weight loss and positive health outcomes for corporations and large health care providers.